

Health and Kinesiology



Program Highlights Since Last Report

Identify and briefly discuss any programmatic curriculum changes made since the last report (e.g. new courses, course changes, SLO changes, course deletions).

Changes in Physical Education Teacher Education (PETE) Degree Program

Program Title Change from:

Proposed Changes to Kinesiology Degree Program

1. Degree Plan Name Change

Rationale: Physical Education Teacher Education better reflects the nature of the degree plan as it is a teacher preparation degree program.

2. Course replacement

HLTH 1370 removed and replace with KINT 3310 Wellness Strategies.

Rationale: PETE majors will need to apply wellness concepts, KINT 3310 not only covers the major topic areas in wellness but also has assignment specifically oriented toward the application of the concepts.

PEGA 1176 removed and replace with KINT 3130 Exercise Physiology Lab.

Rationale: KINT 3130 is a practicum to assist in the understanding of physiological concepts and common measurements utilized in the profession.

NUTR 1322 removed and replace with KINT 2371 Functional Anatomy/Physiology

Rationale: PETE students need a foundation of how the human body is built and works. The Functional Anatomy/Physiology course will help to build this foundation and fill a missing component of the curriculum for PETE students.

4. Changes related to PETE program:

The Coaching minor will include three new courses to cover content

KINT 3371 Principles of Coaching

KINT 4340 Sport Administration New Course

KINT 4341 Sport Practicum New Course

4. The cur

Updates: KINT 3360 Secondary Methods and Activities will replace KINA 2378.

Addition of Minor in Coaching

Explanation

The Department of Health and Kinesiology now offers a minor in Coaching. The Department received request from other majors demonstrating a need for a minor in Coaching. Interdisciplinary studies students and others who are pursuing secondary teaching positions often do so with the desire to coach sports. The Coaching minor was built to service this need.

This action will:

- 1). Allow students in the Kinesiology degree (PETE) program to have a non-certification option.
- 2) Support recruitment of students outside of Health and Kinesiology who have an interest in coaching,
- 3) Increase the content area expertise of those wishing to coach.

Coaching Minor (21 hours)

KINT 3371 Theory and Principles of Coaching

KINT 4340 Sport Administration

KINT 4380 Contemporary Issues

KINT 4341 Practicum

Summary page of updated pre-requisites for the PETE program

Course & number	Title	pre-requisites and grade
KINT 1301	Introduction to Kinesiology	None
KINT 2371 KINT 2377	Functional Anatomy & Physiology	BIOL 2401 C

KINT 3324	Metabolic Effects of Sport and Exercise	None
KINT 4380	Contemporary Issues in Sports	None
KINT 4340	Sport Administration	None
KINT 4341	Sport Practicum	None

Do not fill out TABLE 1 or 2. The information you entered in Smartsheet will be copied by someone on our team.

Table 1. Assessment Results and Analyses for Current Cycle.

STAGE 1: PLAN		STAGE 2: DO		STAGE 3: STUDY
Departmental Student Learning Goal	Program Student Learning Outcome	Assessment	Assessment Method/Locati on	

PETE undergraduates will demonstrate knowledge of content and planning procedures by creating a classroom management plan.	Content Knowledge and Planning Procedures PETE undergraduates will		Pedagogical Strategies/Methods, and Key Assessment for the lessons.			
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Table 2. Continuous Improvement Results Since Last Report

Stage 4: ACT		
Actions/Goals Based on Data Results Ž }%o Ç o •š Ç o [• š]}v•lP} d progress toward continuous improvement on those here.	Status C=Complete P=Progressing N=No Action Taken	Discussion of Status If C, describe efforts that led to accomplishment of actions/goals. If P, provide update on progress made toward accomplishing actions/goals and what tasks remain If N, discuss why action toward accomplishing actions/goals has been delayed and what work will be initiated toward accomplishment.
Students are doing very well on unit plans. New courses being implemented: KINTs 2371 Functional Anatomy and Physiology, 3371 Principles of Coaching, 4310 Curriculum and Programming, 4312 Senior Seminar. 4340 Sport Administration, 4341 Sport Practicum will hopefully rates on unit plans.	C	The curriculum development is mainly in response to updates in TEKS for Physical Education so the program remains current. These changes should help maintain TExES (state certification exam) pass rates for K-12 Physical Education. Because of the 2 year course rotation in the program assessment data on these changes are only beginning. Our degree has had many changes within the past few years (adding/deleting courses) and we are still early on to see what impact these changes will have. There are students that completed the six week unit plan that did not take many/all of the new courses.
Students have demonstrated an excellent understanding of classroom management plans.	C	The curriculum development is mainly in response to updates in TEKS for Physical Education so the program remains current. These changes should help maintain TExES (state certification exam) pass rates for K-12 Physical Education. Because of the 2 year course rotation in the program assessment data on these changes are only beginning. Our degree has had many changes within the past few years (adding/deleting courses) and we are still early on to see what impact these changes will have. There are students that completed the classroom management plan that did not take many/all of the new courses.
Student have succeeded on the practice exam. New courses being implemented: KINTs 2371 Functional Anatomy and Physiology, 3371 Principles of Coaching, 4310 Curriculum and Programming, 4312 Senior Seminar. 4340 Sport Administration, 4341 Sport Practicum should help continue this success.	C	The curriculum development is mainly in response to updates in TEKS for Physical Education so the program remains current. These changes should help maintain TExES (state certification exam) pass rates for K-12 Physical Education. Because of the 2 year course rotation in the program assessment data on these changes are only beginning. Our

		degree has had many changes within the past few years (adding/deleting courses) and we are still early on to see what impact these changes will have. There are students that took the exit exam that did not take many/any/all of the new courses.